

A point-by-point guide

for climbing Mount Misen from sea level

★Please be aware that each of the mountain trails has

fairly steep slopes and the climb to the top can be strenuous.

The views from atop Mount Misen (535m) are especially satisfying after climbing from sea level to summit. To get to the top you have to walk up not only slopes but hundreds of stone steps on the steep trails. Please rest frequently on the way up and don't overstress your heart or knees! Those with a reasonable level of fitness should allow approximately two hours walking time for the hike up to the summit observatory from sea level and four hours for a hike to the summit and return.



★There are three official routes to the top of Mount Misen—the Daishoin course, the Momiji-dani course and the Omoto course.

The three official hiking courses on the mountain are each well-maintained for the safety of visitors to Miyajima. Non-official routes can be made dangerous in the aftermath of *typhoons*, earth tremors and monsoonal rains and unfortunately every year some visitors suffer injury or become lost and disoriented as a result of using a non-official route to the summit. For your safety and enjoyment please use one of the three official hiking courses.

★Beware of hornets and poisonous snakes.

Encounters with *suzumebachi*(hornets)and *mamushi*(the Japanese pit viper) are rare but these creatures are dangerous enough that they warrant a warning for climbers on Mount Misen. We have received witness and encounter information for both on the mountain. If bitten or stung call the Japanese emergency number *119* to receive instructions for relief or rescue.



★Toilets

Seasoned hikers go to the the toilet before they climb! There are lavatories at the top observatory but at busy times there is often a long wait to use them. The observatory itself is open from 10am to 4pm however the toilets downstairs are always accessible.



★The summit observatory is open from 10am to 4pm.

At the top of Mount Misen a beautifully designed observatory house awaits you. After your climb up to the summit take a little time to rest and relax on the timber platforms on the second floor as you enjoy the panoramic views, perfectly framed between *engawa* and eaves. From the rooftop lookout you can take in coastal and sea view from every direction islands large and small dotting the Seto Inland Sea, mountain ranges fading into the distance to the west, the cityscape across Hiroshima Bay. Remember! Closing time is 4pm. If you arrive late you'll miss the opportunity to experience this beautiful scenery from the observatory.

★Suitable footwear and clothing are important !

High heels, sandals and flip-flops are slippery and may cause falls or leg injuries, even on a well-worn and well-maintained mountain path. When climbing Mount Misen please dress for the weather and ensure you are wearing suitable hiking shoes.

★It's a long, steep hike. take enough fluids with you.

There are no vending machines on the trails on Mount Misen. Please also note that drinking water is not available for purchase at the summit observatory. Please make sure you have sufficient drinking water or other fluids with you for your climb. The closest vending machines to the summit are located at the top ropeway station, about twenty minutes' walk down from the summit observatory.



★Hiking in a protected area.

Miyajima's primeval forest is a special source of enjoyment for visitors to Miyajima and Mount Misen. Large swathes of the mountain's forest form the Seto Inland Sea National Park Special Reserve, an area designated *tennen kinen-butsu*, which means it is one of Japan's official Natural Monuments and therefore protected. Picking flowers, collecting plants or otherwise interfering with the area is not permitted. Please note that doing so is punishable by law.

★Take your garbage home.

An important rule of climbing on Miyajima is that we all take our garbage off the mountain with us. Let's leave the mountain trails pristine so that everyone can enjoy the special experience of climbing among the unspoiled beauty of Mount Misen.



Miyajima Ropeway and Ferry Time Table

Miyajima Ropeway Service [Every about 15minutes]

Season	Operational hour
December-February	9:00-16:30(17:00 last down)
March-October	9:00-17:00(17:30 last down)
November-high season	8:00-17:00(17:30 last down)
Holiday on May(April 29-May 5) Summer Holiday (August 13-15)	8:30-17:30 (18:00 last down)

Miyajima Ferry Service [Departure every about 15 minutes (daytime)]

Ship	Miyajima Matsudai Kisen Ferry	JR West Miyajima Ferry
From Miyajimaguchi pier	7:15-20:35	6:25-22:42
From Miyajima pier	7:00-20:15	5:45-22:14

*As of March 31, 2013.

** Please confirm to the companies in the special service periods.

ロープウェー・フェリー運行状況

宮島ロープウェー運行時間 [運行間隔約15分]

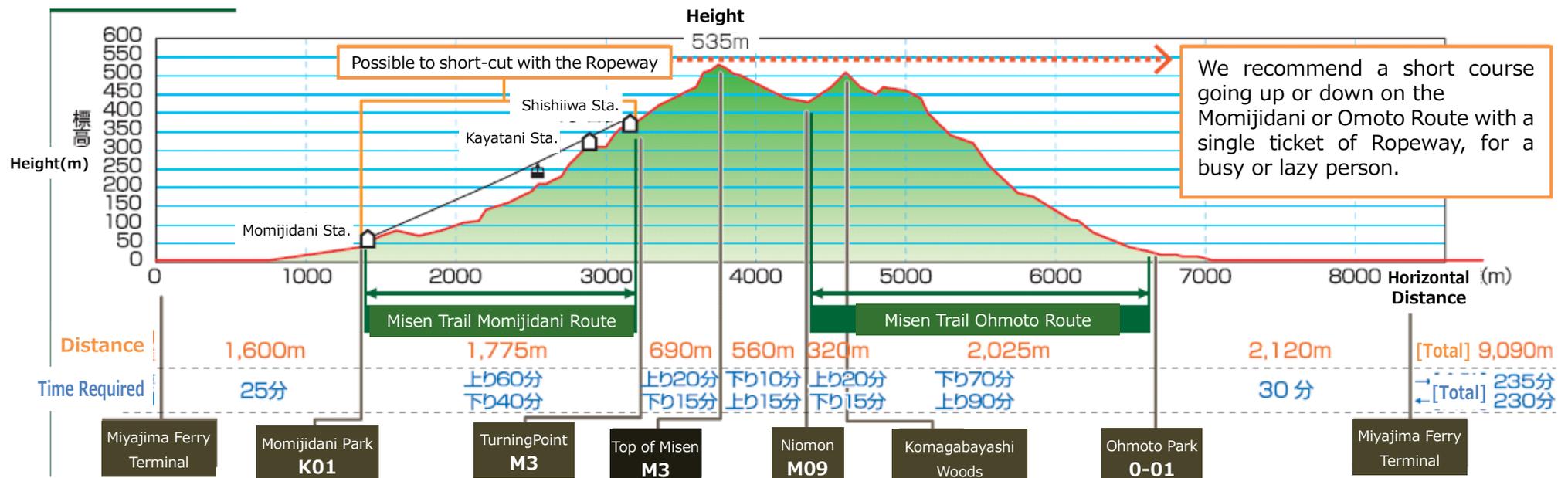
12月~2月 9:00~16:30(下り最終17:00)
 3月~10月 9:00~17:00(下り最終17:30)
 11月 8:00~17:00(下り最終17:30)
 GW/お盆 8:30~17:30(下り最終18:00)

フェリー運行時間 [運行間隔約15分(昼間)]

【宮島松大汽船】 【JR西日本宮島フェリー】
 宮島口発 7:15~20:35 宮島口発 6:25~22:42
 宮 島発 7:00~20:15 宮 島発 5:45~22:14

※運行時間は平成 25 年 3 月 31 日現在のものです。
 ロープウェー・フェリーともに特別運行期間がありますので、詳しくはそれぞれの会社にお問い合わせください。

Notes for the Courses



※Meaning of Japanese 上り:The up 下り:Descent 〇分:〇minits